

## Good Day,

We will do our best to explain the TAG fitting process and what is required. Sometimes Doctors and their clinic team need better clarification...we are only a phone call away.

Please reach out to Dr. Balanoff directly at 954-683-2693 for clinical questions and all other questions, please reach out to Smile Perfected at 877-624-6674.

This can be an emotional and hands-on event for patients, parents and practitioners. Patience with the patients is very important

That is why I prefer to speak with every doctor before the patient appointment. My time is free for both patients and doctors.

## Three things we tell patients to expect from the prescribing dentist.

- 1. Take Upper and Lower Impressions of the teeth and gums using Polyvinyl Siloxane (PVS). Some offices will take digital impressions and send the file to the lab. However, the bite registration is still analog. A bite registration material is required and will be physically shipped to the lab.
- 2. Establish the Vertical Dimension for the TAG Appliance (Doctor Directions Below)
- 3. Take a Bite Registration (BR) in PVS. Wax does not work very well and is not recommended. You must get an accurate recording of the vertical dimension (VD) when the tics are at least prevalent. (The BR must allow us to articulate the model. We need the BR to allow the models to be tripoded for an accurate representation of what is happening clinically.) Please make sure that both the anterior and posterior areas are recorded.

## How do you determine the correct vertical dimension to mitigate tics?

- 1. Count the number of vocal and motor tics for two minutes with nothing in the patient's mouth. Record that measurement.
- 2. Next, place a tongue depressor between the upper and lower jaw just mesially to the mesial marginal ridge of the first molar. Count the number of vocal and motor tics for two minutes with the tongue depressor between the jaws of the patient's mouth. Record that measurement.



- 3. Then, place TWO tongue depressor between the upper and lower jaw just mesially to the mesial marginal ridge of the first molar. Count the number of vocal and motor tics for two minutes with the tongue depressor between the jaws. Record that measurement.
- 4. Next, place three tongue depressors between the upper and lower jaw just mesially to the mesial marginal ridge of the first molar. Count the number of vocal and motor tics for two minutes with the tongue depressor between the jaws. Record that measurement.
- 5. Continue placing additional tongue depressors and opening the vertical dimension until there is NO FURTHER improvement in the mitigation (decrease) of both motor and vocal tics.
- 6. Record the OPENED VD with PVS.

Here is the link to the Rx form - CLICK HERE

The impressions and bite registration will then need to be sent to the lab.

Shipping is free in the US. Please contact customer service for a shipping label at 877-624-6674

The lab fee is \$450.00.

I hope this helps. This is a lot of technical information. Please call me directly with any questions. 954-683-2693

Best Wishes,

Dr. Balanoff



